



SIZE CHART

MENS FOOTWEAR

USA	UK	EUR	CM
7	6	40	25
8	7	41	26
8.5	7.5	42	26.5
9	8	42.5	27
9.5	8.5	43	27.5
10	9	44	28
10.5	9.5	44.5	28.5
11	10	45	29
11.5	10.5	46	29.5
12	11	46.5	30
12.5	11.5	47	30.5
13	12	48	31
14	13	49	32
15	14	50	33
16	15	51	34

THE INSTINCT RUNS SLIGHTLY SHORT IN SIZE. IF YOU ARE BETWEEN SIZES PLEASE GO UP ½ SIZE LARGER THAN YOUR REGULAR SIZE.



WOMEN'S FOOTWEAR

USA	UK	EUR	CM
5	3	35.5	21.5
5.5	3.5	36	22
6	4	37	22.5
6.5	4.5	37.5	23
7	5	38	23.5
7.5	5.5	38.5	24
8	6	39	24.5
8.5	6.5	40	25
9	7	40.5	25.5
9.5	7.5	41	26
10	8	42	26.5
10.5	8.5	42.5	27
11	9	43	27.5
11.5	9.5	43.5	28
12	10	44.5	29

THE INSTINCT RUNS SLIGHTLY SHORT IN SIZE. IF YOU ARE BETWEEN SIZES PLEASE GO UP ½ SIZE LARGER THAN YOUR REGULAR SIZE.



UNISEX FOOTWEAR

ORDER SIZE	MEN		WOMEN		EUR
	USA	UK	USA	UK	
040	4	3	5.5	3.5	37
045	4.5	3.5	6	4	37.5
050	5	4	6.5	4.5	38
055	5.5	4.5	7	5	38.5
060	6	5	7.5	5.5	39
065	6.5	5.5	8	6	39.5
070	7	6	8.5	6.5	40
075	7.5	6.6	9	7	40.5
080	8	7	9.5	7.5	41
085	8.5	7.5	10	8	41.5
090	9	8	10.5	8.5	42
095	9.5	8.5	11	9	42.5
100	10	9	11.5	9.5	43
105	10.5	9.5	12	10	43.5
110	11	10			44
115	11.5	10.5			44.5
120	12	11			45
125	12.5	11.5			45.5
130	13	12			46
140	14	13			47
150	15	14			48

THE INSTINCT RUNS SLIGHTLY SHORT IN SIZE. IF YOU ARE BETWEEN SIZES PLEASE GO UP ½ SIZE LARGER THAN YOUR REGULAR SIZE.



JUNIOR FOOTWEAR

USA	UK	EUR
1	K13	32.5
1.5	K14	33
2	1	33.5
2.5	1.5	34.5
3	2	35
3.5	2.5	35.5
4	3	36
4.5	3.5	37
5	4	37.5
5.5	4.5	38
6	5	39

THE INSTINCT RUNS SLIGHTLY SHORT IN SIZE. IF YOU ARE BETWEEN SIZES PLEASE GO UP ½ SIZE LARGER THAN YOUR REGULAR SIZE.